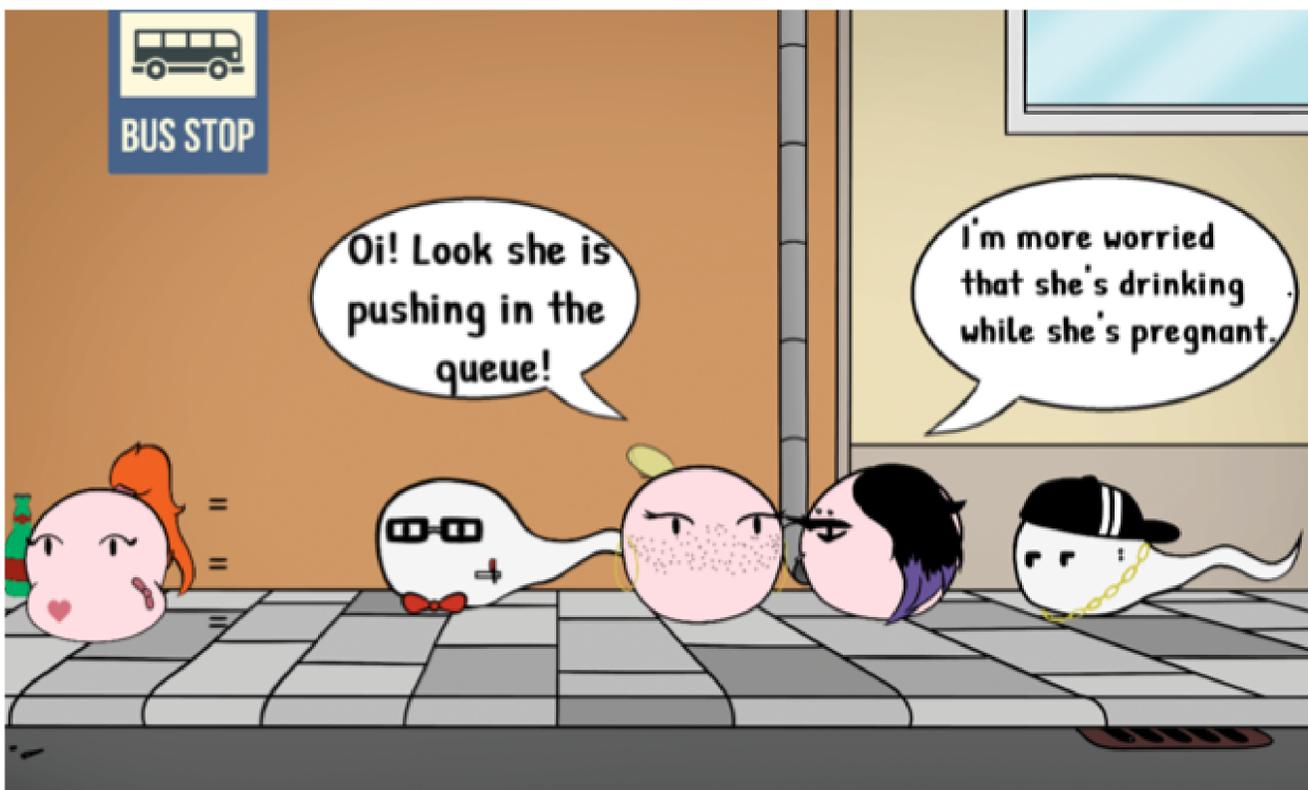
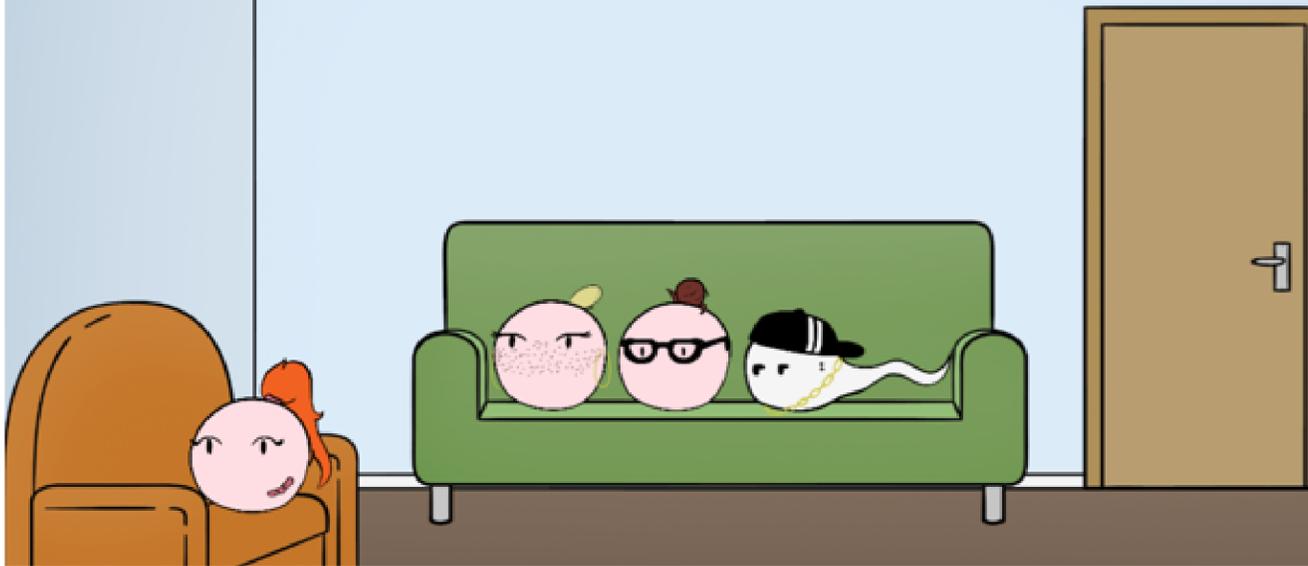


# The Conceivables Series

Short stories about eggs, sperm & alcohol



# Did you know?

We all need to help each other understand the risks of alcohol in pregnancy:



There's no safe amount of alcohol in pregnancy.

There's no safe time to drink alcohol in pregnancy.

There's no safe type of alcohol in pregnancy.

Alcohol in pregnancy risks miscarriage, still birth and more AND it can affect the baby for life.

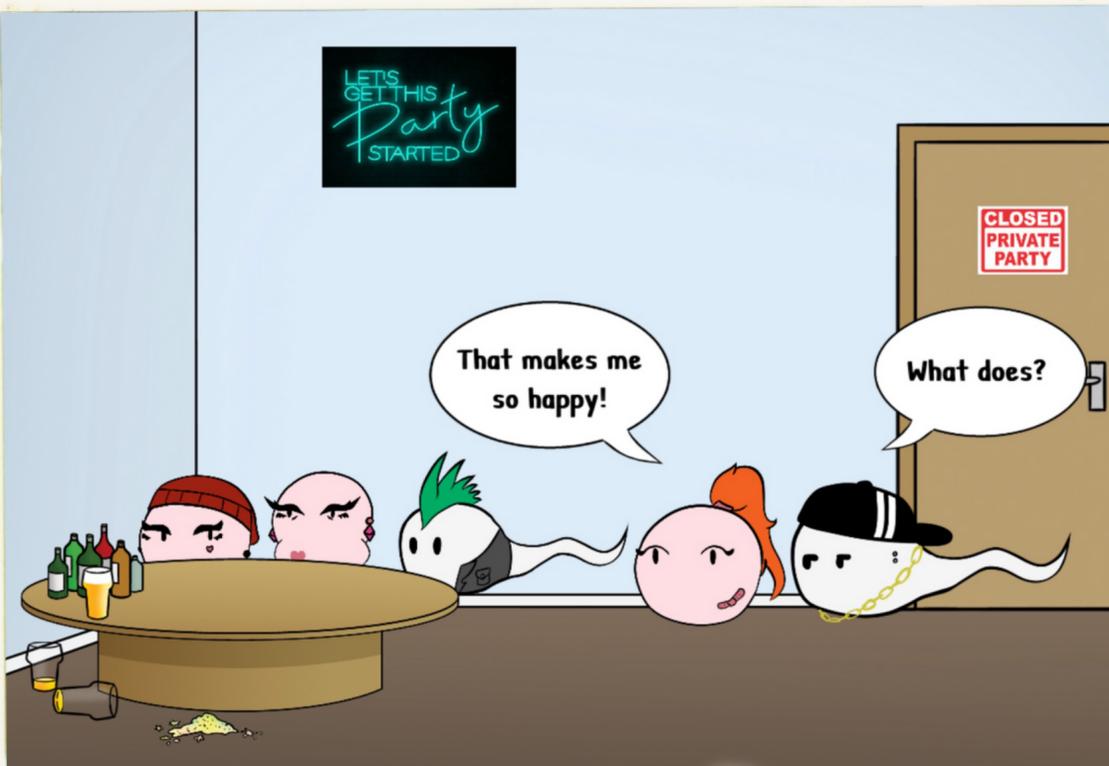
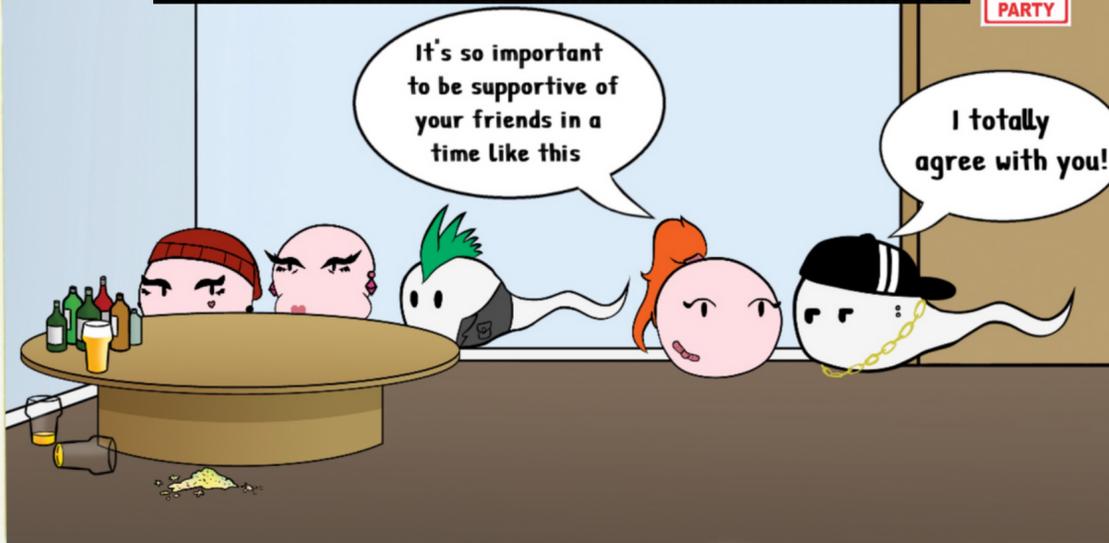
You can't always tell what impact it had right away, some of the effects are only seen later.

It always helps if people are FASD aware so mums and people with FASD can get the right support.

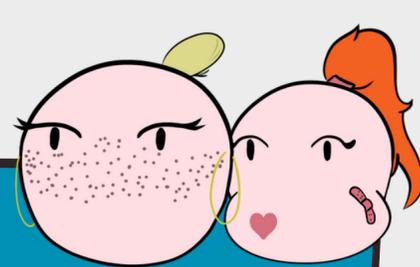
Lots of people don't know this, you can help by spreading these FASD facts.

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Short stories about eggs, sperm & alcohol



# Did you know?



Ever heard the phrase it takes two to tango?

Partners and mates play a really important role in alcohol-free pregnancies too!

We all need to take responsibility to support pregnant people.

This isn't about gender. We all can help!



If someone you know is having a NOment and doesn't want a drink be supportive.

If you are pregnant and you've had a drink or two, try not to panic and talk honestly to your health care provider who can help support you.